

BRING ON THE BAY 2026 - 1.5KM SWIMMER INFO EMAIL

Please read in full, especially if you're a returning swimmer as some items have changed in 2026!

Dear 1.5KM Swimmers,

Welcome to the **19th annual Bring on the Bay Open Water Swim**, sponsored by Bushtukah and hosted by the Nepean Sailing Club (NSC)! This email provides swimmers with everything they need to know before race day. You can also check out bringonthebay.com for more info.

Before we get into the details:

- **DONATE:** With one week to go, if you haven't already, please ask your family and friends to [sponsor your swim!](#) The goal is to raise more than \$150,000 for Ottawa's Easter Seals, one of the few charities left that helps families with financial assistance in order to increase the independence of their child with disabilities.
- **VOLUNTEER:** Our incredible volunteers make this event run like a well oiled machine! Race volunteers and water safety volunteers (kayaks, canoes, stand-up paddleboards) are always needed. If your friends or family wish to join, please contact us by email at bringonthebay@gmail.com or botbsafetysmallcraft@gmail.com
- **THANK YOU:** to our [generous sponsors](#), without whom BoTB would not be possible: **Bushtukah, NSC, GoSwim, MyFloat, Agent Signs, Kid with a Crayon Art & Design, Technosport, Zinati Realty, IG Wealth Management, Regimbal, and the City of Ottawa.** Thank you for all your support!

BRING ON THE BAY 1.5KM RACE INFO

- **START:** 8:15AM Saturday July 11, 2026
- **WHERE:** Britannia Park, Windsurfer's Beach



Registration Details:

- Please review your personal registration info by visiting [Race Roster](#). You can make a number of amendments yourself, including changes to your wetsuit status or team affiliation, but if you have any questions or issues please contact bringonthebay@gmail.com.
- The water temperature is currently 23C, suitable for wetsuit and non-wetsuit swimmers. Given the weather, we expect water temperatures to keep rising before swim day.

Race Kit Pick-up and Late Registration:

- **Pick up your race kit Thursday July 9th @2-8pm, or Friday July 10th @ 2-8pm, at the NSC, 3259 Carling Avenue, at Dick Bell Park.**
- You will receive a BOTB swim bag, swim cap (colours are assigned based on your predicted time), a bag tag for your gear, and some info and swag from our sponsors.
- If you pre-ordered a BOTB T-shirt or sport towel, it will be available for pick-up.
- While you're there, check out the start and grab a beverage or meal on the patio.

- *Very limited packet pick-up is available on Saturday July 11 @ 7-7:30am* at the NSC, primarily for out of town swimmers. Friends or family can pick up your race kit Thurs/Fri if you can't make it in person.

Swim Day - Parking & Shuttles:

- **Free parking is available at the Cineplex Theatre Complex, 3090 Carling Avenue** which is about 5 minutes away - courtesy of Zinati Realty. Please arrive early to park and take the bus to the start on time, ideally by 7:30am, and follow the guidance of our parking volunteers at all locations.
- ***Parking is extremely limited at Britannia Park and the roads need to be passable for emergency vehicles;*** please plan to park at Cineplex and take the bus to the start at Britannia Park.
- **Free buses will run every 5 minutes from 6:00 until 11:00am** to transport you to the start - and back to your car after the race finishes.

Before the Swim / Chip Pick Up:

- Once you arrive at the Ron Kolbus Centre at Britannia Park, **please continue to the Windsurfer's Beach to pick up your race chip.** Please have your cap with your number clearly marked on both sides for pick up.
- Once at the beach start, you can safely leave your belongings and the bag drop off area and pick them up again after the swim.
- Porta potties are located near the swim start.

[BOTB Safety and Swim Rules:](#)

- There are ample boats, canoes, kayaks, and paddleboards patrolling the course for your safety. Swimmers may stop and hold on to a boat for the purpose of rest and recovery, but individual escorts are not allowed!
- Your swim cap included in your race kit must be clearly marked with your number on both sides and worn during the race.
- Goggles are strongly recommended, and there are no restrictions on wetsuits as long as you've signed up in the wetsuit category.
- **Swim buoys are permitted but fins, paddles and other swim aids are NOT;** violators will not be eligible for awards.
- **Music listening devices are NOT allowed.** We want you to be able to hear commands from our water safety team, possible distress calls from fellow swimmers and cheers from the spectators on the sailboats anchored along the course!
- Volunteer medical staff will be available at the finish line. Swimmers requiring medical attention during the swim may be transported from their stopping location to the finish line. Remember to return your timing chip if you leave the swim early.

The Swim:

- **The 1.5km swim begins at 8:15am sharp.** You may warm up before the swim but please be out of the water by 8:00 am.
- Swimmers will walk into the water for a rolling start. Your start time will be based on crossing a timing mat just prior to entering the water.
- **The course is a counter-clockwise out-and-back swim, turning around a large yellow mark at 750m.** There will be smaller swim markers along the route. Keep them on your left hand side both ways.
- As you approach the finish, the 1.5km and 3km swimmers will merge. There may be little congestion! All swimmers will finish on the beach where a timing mat is located under the arch (and where you started).

Finish and Recovery Area:

- Your timing chip will be collected, you can pick up your bag and grab some food and refreshments (for participants only). Please see the finish area map [HERE](#).
- All participants will receive a beautiful finisher's medal designed by Graham Ross, owner of Kid With a Crayon Art & Design.
- Shuttle buses are available to transport your family and friends from the start to the finish line, and back again. A continuous flow of buses will depart the NSC approximately every five minutes, stopping at the Cineplex Parking Complex, to Britannia and back. ***Parking is extremely limited at Britannia Park and the roads need to be kept passable for emergency vehicles and public transit.*** Please ask your family and friends to take the bus and leave the car at the Cineplex Theatres on Carling Avenue. It WILL be quicker!

Awards Presentation:

- A short awards presentation will take place at approximately 9:15am. Awards medals will be presented to the top 3 male and female overall winners in both wetsuit and non-wetsuit categories. The top 3 wetsuit and non-wetsuit swimmers in each age group will also receive awards (minus the overall winners).
- Results will be provided onsite by Sportstats. After the event, you can check [Sportstats](#) and the [BOTB Results page](#).

Bad Weather:

- We will make every attempt to run the event safely and on time. In the unlikely case of severe weather (lightning, low visibility, strong northwest winds with resulting high waves or possibly air quality), the swim may be delayed or possibly canceled.
- We will try to give you as much notice as possible using email, [Facebook](#) and [Instagram](#). Please sign up so you can follow us!

- If the event is completely canceled or you cannot swim with us, Easter Seals may be able to issue you a tax receipt for your donation. Unfortunately, there will be no refunds; we appreciate your understanding.

We are looking forward to a great turnout and a wonderful day for swimming! See you on Saturday, July 11, 2026.

If you know someone who didn't receive this email but is racing the 1.5km please feel free to forward it on.

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Race Directors

bringonthebay@gmail.com